



UNCONDITIONED AWARENESS

“TRUTH IS A PATHLESS LAND”

by Peter Rama

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Cover picture: doorless Door (Abydos Temple, Egypt)

INSPIRATION

“Truth is a pathless land”.

This quotation by J. Krishnamurti has been **the** inspiration source for my life.

I have never followed any authority, I have never been attached to any religion, political party, nationality, soccer club, or any other subject or group you may identify yourself with

Being independent and unattached can obviously create problems in social life. Often it is necessary to wear a mask, to pretend that you can be labeled in some way, that you will adapt and follow the rules in a system.

As long as you are aware of this however, it will prevent you from being conditioned or being manipulated when you do not want it. You can only be unconditionally aware and see Truth of being if you are open for every possibility and not bound by a system.

It is my experience that ‘realization of your true self’ is best achieved without any conditioning. No path to be followed, no reference system of any kind, no guru, no teacher, only responding to what your heart tells you. The path you follow is your own.

You are not influenced by beliefs, fears or ambitions. When communicating to others you do so in the most authentic and honest way.

What is required is dedication to your own path and continual effort, in whatever form best suits us as an individual.

.....

Principally **I am just there.**

I should however stress at the same time that I regard rational thinking as a great gift, and I use it often But rationality is a servant and not a master.

I am open to direct experience, without belief, knowledge, conjecture, interpretation, or judgment, beyond subject, beyond the reality that we take for granted.

I am aware – I am.

.....

INTRODUCTORY REMARKS

This book is a compilation of citations, sayings and paradoxes which I gathered during trainings, discussions and by reading inspirational books.

Often inspiring sayings and paradoxes are the cornerstones of Truth.

The sayings presented here are generally easy to understand and therefore represent important insights. They do not refer to any frame of reference.

I have put them in a certain order. This order may represent interrelated themes and categories which all underline the title Unconditioned Awareness – “Truth is a pathless land”.

“There is only one journey. Going inside yourself”

Rainer Maria Rilke

For whom is this booklet?

For everybody who is interested in inspiring words of ages.
For those who realise their own way without following any authority in religious and spiritual matters.

*To look at yourself just once, and then again,
and then again...*

*is to move from the endless work of self-definition
to the endless adventure of self-discovery.*

John Sherman

*“The nature of rain is the same,
but it makes thorns grow in the marshes
and flowers in the gardens”*

Truth is with everybody, whether they realise it or not.
Who is open and ready will receive it.

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INNER AND OUTER WORLD

“When we inhale, the air comes into the inner world.

When we exhale, the air goes out to the outer world.

*The inner world is limitless,
and the outer world is also limitless.*

*We say ‘inner world’ or ‘outer world’, but actually,
there is just one whole world.”*

Shunryu Suzuki-roshi

The basic nature of the universe is mind. It is pure intelligence. You see, the deepest level of the universe, deeper than molecules, atoms, electrons -- the deepest level of the universe -- is a level where the idea of “location” does not exist. At that level it is not possible to locate the specific position and speed of an electron. That essentially means that this deepest level pervades all that is.

It is omnipresent.

Scientists in our world have not located it yet
(the question is whether it can be ‘located’ at all).

The basic nature of this deepest level of the universe is consciousness -- pure intelligence. At its very depth, the universe acts like a mind. Information flows around and through all processes. All things are intimately and infinitely connected by the flow of the consciousness.

Nature is purposive; it possesses deep intentionality. The laws that govern the universe are contained at the deepest level.

That is why one can find this information during inner journeys. Always remember that he who is capable of deep inner reflection will gain the Truth of being, because that is where it is kept.